



WINTER TRACK SERIES

All Ages & Abilities Welcome

Registration includes unlimited events

Cost varies from \$5- \$10* depending on meet



Meet Schedule

Thursday, November 29, 2012

Distance Carnival Only & Cathedral High School

Contact: Dan Geiger

dgeiger@cathedralcatholic.org

Saturday, December 1, 2012

San Diego State University

Contact: Sheila Burrell and/or Rick Reaser

sburrell@mail.sdsu.edu & rick-reaser@msn.com

Saturday, January 26, 2013

Montgomery High School

Contact: Hal Herlan

halherlan@yahoo.com

Saturday, February 2, 2013

Mt. Carmel High School

Contact: Dennis McClanahan

mtcarmeltrack@yahoo.com

Saturday, February 9, 2013

Mt. Miguel High School

Contact: Raymond Wells

raymondwells@me.com

Event Schedule

Track Events

- Sprints
- Long Sprint
- Hurdles
- Distance

Field Events

- Throws
- Jumps

