

2014 COLORADO ASSOCIATION  
MID-AMERICA REGION MASTERS CHAMPIONSHIPS  
& 34th ANNUAL ROCKY MOUNTAIN MASTERS GAMES  
COLORADO STATE UNIVERSITY, FT. COLLINS, CO  
AUGUST 23 & 24, 2014

50M

JEFFERS, AUBRY	M45-49	49	7.51
GILES, KEITH	M55-59	57	7.21
BLANKENSHIP, PAUL	M60-64	64	7.82
PARKER, RICHARD	M65-69	67	7.62
MARTINEC, MILAN	M70-74	73	9.04
FISHER, BOBBY	M70-74	74	10.72
ARNOLD, ED	M75-79	76	11.12
GRAY, RONALD	M80-84	81	9.11
BONIFIELD, LOWELL	M80-84	81	12.47
COUTTS, ROBERT	M85-89	85	9.64

100M

SMITH, RACHEL	F45-49	46	15.22
NICOLETTI, CATHY	F60-64	63	15.72
GIPSON, ELEANOR	F60-64	62	17.05
JEFFERS, AUBRY	M45-49	49	13.61
GILES, KEITH	M55-59	57	13.66
POWELL, CHARLIE	M60-64	62	13.40
PARKER, RICHARD	M65-69	67	14.53
BROWN, CLINT	M65-69	68	18.63
JOHNSTON, JOE	M70-74	70	15.65
ROWAN, TERRY	M70-74	74	15.96
FISHER, BOBBY	M70-74	74	19.91
ARNOLD, ED	M75-79	76	20.34
GRAY, RONALD	M80-84	81	16.99
BONIFIELD, LOWELL	M80-84	81	19.58
COUTTS, ROBERT	M85-89	85	18.40

200M

SMITH, RACHEL	F45-49	46	31.77
NICOLETTI, CATHY	F60-64	63	33.14
SIRIANO, SCOTT	M45-49	48	30.42
COTTRELL, BOB	M50-54	54	31.35
GILES, KEITH	M55-59	57	29.36
POWELL, CHARLIE	M60-64	62	27.37
GERMAN, DOUG	M70-74	72	36.29
FISHER, BOBBY	M70-74	74	43.04

400M

WALLER, RUTH	F30-34	30	1:02.32
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NICOLETTI, CATHY	F60-64	63	1:24.13
SIRIANO, SCOTT	M45-49	48	1:03.46
COTTRELL, BOB	M50-54	54	1:05.29
POWELL, CHARLIE	M60-64	62	1:02.78
GIPSON, ANDY	M65-69	65	1:17.42
BROOKS,LARRY	M70-74	74	1:28.44

#### 800M

WALLER, RUTH	F30-34	30	2:20.51
BLACKMORE, KAREN	F60-64	60	3:52.83
SIRIANO, SCOTT	M45-49	48	2:17.83
COTTRELL, BOB	M50-54	54	2:24.71
BROOKS,LARRY	M70-74	74	3:13.58

#### MILE

LEE, JENNIFER	F40-44	41	5:56.06
SIRIANO, SCOTT	M45-49	48	6:25.21
GILBERT, JAMES	M50-54	52	5:15.50
BROWN, JERRY	M65-69	69	7:40.59
BROOKS,LARRY	M70-74	74	6:47.89

#### 3000M

GILBERT, JAMES	M50-54	52	10:35.8
BOGUS, JAMES	M50-54	51	11:36.8
KELLOGG, TIM	M50-54	53	14:49.9
BROWN, JERRY	M65-69	69	15:16.5
BROOKS,LARRY	M70-74	74	13:45.0

#### 3K RACE WALK

SINKOVEC, RITA	F70-74	74	21:26.3
FAIRS, JANET	F70-74	71	23:16.7
EMSLIE, BILL	M65-69	66	20:46.9
FOREMAN, CRAIG	M65-69	66	24:08.1

#### 80M HIGH HURDLES

BLACKMORE, KAREN	F60-64	60	20.86
JOHNSTON, JOE	M70-74	70	14.45
ROWAN, TERRY	M70-74	74	16.55

#### 300M INTERMEDIATE HURDLES

ROWAN, TERRY	M70-74	74	59.52
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#### HJ

GIPSON, ELEANOR	F60-64	62	1.30
BLACKMORE, KAREN	F60-64	60	1.15
DONLEY, CHRISTEL	F75-79	79	1.03
ROMSA, DWAIN	M50-54	51	1.60

FERGUSON, DAN	M50-54	53	1.52
JOHNSTON, JOE	M70-74	70	1.31
DONLEY, JERRY	M80-84	84	1.00

LJ

JEFFERS, AUBRY	M45-49	49	5.26
ROMSA, DWAIN	M50-54	51	5.32
ROWAN, TERRY	M70-74	74	3.51
MARTINEC, MILAN	M70-74	73	3.49
ARNOLD, ED	M75-79	76	2.42

TJ

DONLEY, CHRISTEL	F75-79	79	5.64
ROMSA, DWAIN	M50-54	51	10.93

PV

MAYER, RANDAL	M35-39	38	2.00
MUNOZ, ANDY	M40-44	42	3.05
LAWTON, GEOFF	M45-49	45	3.35
LOPEZ, JOHN	M54-59	54	3.20
JESMER, JOHN	M65-69	65	2.30
JOHNSTON, JOE	M70-74	70	2.90
DONLEY, JERRY	M80-84	84	1.85

SP

HUGHES, LINDA	F55-59	55	6.48
RAHAM, SHARON	F65-69	68	6.68
MARRIOTT, JOANE	F75-79	75	7.97
DONLEY, CHRISTEL	F75-79	79	7.41
FOX, B	F75-79	77	4.88
COOK, BRUCE	M50-54	52	15.36
TIETZ, KENNETH	M55-59	56	11.99
FRANG, BILLY	M55-59	59	8.99
MIZER, RAY	M60-64	60	9.03
HARVEY, BILL	M65-69	68	12.36
MASTERS, REED	M65-69	67	9.68
MALTBY, BOB	M65-69	68	8.56
SOULE, GEORGE	M70-74	74	10.71
MILLER, BRIAN	M70-74	71	10.46
DONLEY, JERRY	M80-84	84	8.30

DT

FALZITTO, DEBBIE	F45-49	49	27.71
HUGHES, LINDA	F55-59	55	16.08
RAHAM, SHARON	F65-69	68	18.10
MARRIOTT, JOANE	F75-79	75	17.09
COOK, BRUCE	M50-54	52	43.47

JONES, MARK	M50-54	52	30.27
SCHAEFFER, RUSSELL	M50-54	54	23.70
RIEWERTS, ED	M55-59	55	50.39
TIETZ, KENNETH	M55-59	56	36.35
FRANG, BILLY	M55-59	59	29.74
PICKERING, BILL	M55-59	58	25.93
BJORKMAN, TIM	M55-59	57	25.48
MIZER, RAY	M60-64	60	32.58
HARVEY, BILL	M65-69	68	37.67
HARRIMAN, DARREL	M65-69	67	37.07
MEDJO, TERRY	M65-69	67	34.85
MASTERS, REED	M65-69	67	33.04
SOULE, GEORGE	M70-74	74	29.72
MILLER, BRIAN	M70-74	71	29.30
JOHNSTON, JOE	M70-74	70	27.55
MARTINEC, MILAN	M70-74	73	26.58
SPENCER, VERN	M75-79	79	14.77

WT

FALZITTO, DEBBIE	F45-49	49	8.68
HUGHES, LINDA	F55-59	55	6.78
RAHAM, SHARON	F65-69	68	9.94
MARRIOTT, JOANE	F75-79	75	10.72
COOK, BRUCE	M50-54	52	17.01
VASQUEZ, GIL	M60-64	60	12.93
MIZER, RAY	M60-64	60	11.86
MASTERS, REED	M65-69	67	14.39
HARRIMAN, DARREL	M65-69	67	13.20
MALTBY, BOB	M65-69	68	13.08
SOULE, GEORGE	M70-74	74	11.72

JT

HUGHES, LINDA	F55-59	55	10.96
RAHAM, SHARON	F65-69	68	22.22
MARRIOTT, JOANE	F75-79	75	16.61
DONLEY, CHRISTEL	F75-79	79	15.47
SCHAEFFER, RUSSELL	M50-54	54	40.26
JONES, MARK	M50-54	52	31.62
TIETZ, KENNETH	M55-59	56	35.88
FRANG, BILLY	M55-59	59	23.73
MIZER, RAY	M60-64	60	21.61
GODOY, ED	M65-69	67	29.10
MASTERS, REED	M65-69	67	28.26
SOKOLOSKI, LEONARD	M70-74	70	37.65
JOHNSTON, JOE	M70-74	70	28.78
ARAGON, ROSS	M75-79	75	35.75

## HT

FALZITTO, DEBBIE	F45-49	49	27.24
HUGHES, LINDA	F55-59	55	21.77
RAHAM, SHARON	F65-69	68	26.01
MARRIOTT, JOANE	F75-79	75	24.28
DONLEY, CHRISTEL	F75-79	79	17.44
COOK, BRUCE	M50-54	52	37.14
RIEWERTS, ED	M55-59	55	46.78
MIZER, RAY	M60-64	60	26.31
MASTERS, REED	M65-69	67	39.80
HARRIMAN, DARREL	M65-69	67	35.70
MALTBY, BOB	M65-69	68	32.85
SOULE, GEORGE	M70-74	74	26.61
MILLER, BRIAN	M70-74	71	23.84

## SUPER WEIGHT

HUGHES, LINDA	F55-59	55	4.46
MARRIOTT, JOANE	F75-79	75	6.61
MIZER, RAY	M60-64	60	6.51
VASQUEZ, GIL	M60-64	60	7.06
MASTERS, REED	M65-69	67	6.91

## PENTATHLON

LJ/JT/200/DT/1500			
SCHAEFFER, RUSSELL	M50-54	54	2537
4.48/40.26/29.10/23.44/379.50			
ERICKSON, GLENN	M50-54	53	2530
3.72/27.42/28.50/25.94/307.45			
JONES, MARK	M50-54	52	2383
4.78/31.62/28.50/24.62/411.19			
JANUSEKY, MICHAEL	M55-59	57	3733
4.96/53.73/27.90/38.75/406.58			
BJORKMAN, TIM	M55-59	57	2427
4.01/31.90/29.40/25.48/423.52			
SALAZAR, DAVID	M60-64	63	3064
4.11/32.05/29.60/28.45/343.91			
MARTINEC, MILAN	M70-74	73	2477
3.25/23.83/35.00/26.58/463.94			
ROWAN, TERRY	M70-74	74	2178
3.40/20.63/32.90/26.06/NT			
ARAGON, ROSS	M75-79	75	2701
3.16/35.75/38.90/30.37/NT			

## THROWS PENTATHLON

HT/SP/DT/JT/WT			
FALZITTO, DEBBIE	F45-49	49	2371
24.23/7.25/25.87/21.66/7.99			

RAHAM, SHARON 25.39/6.85/16.40/21.86/9.31	F65-69	68	3113
KAYLOR, JOY 27.07/8.01/19.50/15.51/9.60	F75-79	76	3907
MARRIOTT, JOANE 23.16/7.61/16.36/15.10/9.97	F75-79	75	3569
COOK, BRUCE 39.12/15.57/45.17/32.55/16.11	M50-54	52	3683
LINDEBURG, NATHAN 28.13/8.50/33.86/19.05/12.11	M50-54	54	2254
VASQUEZ, GIL 30.33/11.04/34.90/31.55/12.24	M60-64	60	2944
PERCY, IAN 36.81/10.74/36.78/22.93/14.46	M65-69	69	3411
HARRIMAN, DARREL 38.62/9.57/36.95/26.63/12.56	M65-69	67	3323
MALTBY, BOB 32.95/8.63/26.05/19.98/12.29	M65-69	68	2687
MASTERS, REED 38.77/9.17/28.11/26.88/NT	M65-69	67	2414
MILLER, BRIAN 23.93/10.15/27.56/12.78/9.41	M70-74	71	2400
BRUSCA, PHIL 24.17/8.36/21.26/16.08/8.72	M85-89	87	3276