

YOUTH, OPEN & MASTERS **NYC Track & Field Invitational**

at St Johns University

Sunday, July 6, 2014

DIRECT ATHLETICS ONLINE REGISTRATION: Registration is open from May 30 - June 29 (11:59pm). ALL Youth, Open & Masters Athletes MUST Register online through www.DirectAthletics.com. **ENTRY FEE: \$20 per Athlete.** This is a USATF Sanctioned event. USATF Rules apply.

St John's University
8000 Utopia Boulevard
Queens, New York 11439

PACKET PICKUP begins at 8:30am. The first running event will begin at 9:30am. The first field event begins at 10:00am

AGE DIVISIONS (Youth , Open and Master 30+)

Age Divisions/Number of Allowed Events

8 & Under (2006+)	3 Events Including Relays
9-10 (2004-2005)	3 Events Including Relays
11-12 (2002-2003)	3 Events Including Relays
13-14 (2000-2001)	4 Events Including Relays
15-16 (1998-1999)	4 Events Including Relays
17-18 (1996-1997)	4 Events Including Relays

Athletes born in 1995 are also eligible if they do not turn 19 before 7/29/2014
Masters will be scored in 10 year age groups starting at 30-39

ONLINE REGISTRATION (May 30-June 29)

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YOUTH, OPEN & MASTERS AWARDS

Medals to the Top 6 in Each Event

SPECIAL AWARDS (Male & Female)

Top 3 scoring Youth Teams
Winners of the Coaches 100m
Winners of the Parents 100m
Outstanding Youth Track Athlete and their Coach
Outstanding Youth Field Athlete and their Coach

QUESTIONS If you have any questions contact Dorothy Clinton at 646-321-6509 or Rachele Clinton at 646-371-7929

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ORDER of EVENTS (Males followed by Females)

TRACK EVENTS

9:30am Start
3000m (Open, Masters & Youth)
400m Hurdles (Open, Masters & Youth)
200m Hurdles (Youth)
4x200m (Open, Masters & Youth)
*4x800m (Youth)
400m (Open, Masters & Youth)
100m Trials (Open, Masters & Youth)
100m Final (Open, Masters & Youth)
1500m (Open, Masters & Youth)
110m Hurdles (Youth)
100m Hurdles (Youth)
80m Hurdles (Youth)
200m (Open, Masters & Youth)
800m (Open, Masters & Youth)
4x100m (Open, Masters & Youth)
*Coaches 100m
*Parents 100m
*DMR (1200-400-800-1600) (Youth)
4x400m (Open, Masters & Youth)

FIELD EVENTS

10am Long Jump (All Divisions, youngest to oldest followed by the Triple Jump (All Divisions, youngest to oldest)
11am Shot Put (All Divisions, youngest to oldest) followed by the Discus
1:00pm Turbo Javelin (Youth) followed by the Javelin (All Divisions, youngest to oldest)
1:00pm High Jump (All Divisions, youngest to oldest)

*DMR: 14&Under and 15-18 age divisions
*4x800m: 14&Under and 15-18 age divisions
*Coaches 100m: Coaches of teams entered in this meet are eligible to run. Registration will be the day of the event.
*Parents 100m: Parents of athletes competing in this meet are eligible to run. Registration will be the day of the event.