

USATF Masters Hall of Fame – Class of 2013

Masters Track & Field – Actives

Magdalena Kuehne: 82 Tajunga, CA

Accomplishments:

- World Record: W60 triple jump 1994
- American Record: W55 triple jump 1987
- **Age group Athlete of the Year: 2006, 2002, 1998, 1989, 1987**
- Outstanding single performance Award 1989
- 2011 National Outdoor Championships; 1st place W80- TJ, LJ, 100m
- Huntsman Senior Games, (10years attended)
- 2010: W75 triple jump- silver medal
- Discus – Gold medal
- Javelin- Silver medal
- WMA championships: Participated in 8 Championships
- 1983, 1987, 1989, 1993, 1997, 2001, 2005, 2011
- 2001 w70 1st place: 4 x 100m; 4th Triple Jump
- 2011 W80 1st place: triple jump; 2nd place: long jump

Ken Baker 75 Upper Saddle River, NJ

Accomplishments:

- World Records: 600yds. 1980
- 400m 1983
- 800m 1983
- 800m 1987
- 4 x 400m relay 1987
- 800m 1992
- 400m 1992
- National Titles: 800m 1988 Baton Rouge
- 600yds 1983 Bethlehem, PA
- 400m 1983 Houston
- 800m 1992 Columbus, OH
- National Indoors: 1982- 600yds 2nd Cambridge, Ma
- 1992- 400m 2nd Columbus, Oh
- National Outdoors: 1983- 800m 2nd
- Penn Relays: 1992- 50+ team 1st
- WMA: 2nd 800m – 1983 Puerto Rico
- 2nd 800m - 1987 Melbourne
- 4th 800m - 1989 Oregon
- 2nd 800m - 1993 Japan

Greg Foster, 52, Lumberton, New Jersey.

Accomplishments:

- **Age group athlete of the year: 2007, 2003, 2001**
- World Records Set: 2 (Both since broken)
- M40 and M45 Indoor Pentathlon
- American Records Set: 4 (One since broken)
- M35 Indoor long Jump
- M35 Indoor Triple Jump
- M40 Indoor Pentathlon
- M45 Indoor Pentathlon (Since broken)
- WMA World Championship Medals
- Gold: 5 (3- Triple Jump; 1- Pent; 1- 4x200)

- Silver: 4 (3- long Jump; 1- Triple Jump)
- Bronze: 3 (2- Triple Jump; 1- long Jump)
- WMA Regional Medals - Mayaguez, PR, 2010
- Gold: 2 (long Jump; Triple Jump)
- Silver: 1 (110 High Hurdles)
- US Masters National Titles: 21
- Outdoor- 1999, 2002, 2008
- Indoor - 2000, 2001, 2002, 2003, 2005, 2007

Masters Track & Field – Old Timers

None

Masters Long Distance Running – Actives

Monica Joyce

2002-2011

American Records

Division	Distance	Performance	Location	Date
50-54	5 km	17:04	Plymouth, MI	6/20/2010
45-49	3000m	9:57.27	Waltham, MA	5/24/2008
45-49	5000m	16:01.73	Redding, CA	3/6/2010
45-49	10000m	34:44.78	San Jose, CA	10/3/2010

National Championships

National Masters Road Champion, F50-54 - 10K, 2010

National Masters Road Champion, F45-49 - 5K, 2004

Top Road Performances

Event	Age Group	Age	Time	Age Grade	Race Name	Race Location	Race Date	Masters Champ	Record
5 km	50-54	51	17:04	99.46%		Plymouth, MI	6/20/2010		F50-54 AR
15 km	50-54	50	52:38	99.43%	Gate River Run	Jacksonville, FL	3/15/2009		
15 km	50-54	50	52:38	99.43%	Gate River Run	Jacksonville, FL	3/14/2009		
10 km	50-54	50	34:53	98.50%	Meteor 10K	Dearborn, MI	4/4/2009		
10 km	50-54	53	36:16	98.39%	Oktoberfest 10k	Minster, OH	10/2/2011		
10 km	45-49	49	34:32	98.29%	Meteor 10K	Dearborn, MI	4/5/2008		
8 km	50-54	50	28:04	97.20%	USA Women's 8 km Championship	Akron, OH	9/27/2008		
10 km	45-49	50	35:23	97.11%	Fifth Third River Bank Turkey Trot	Detroit, MI	11/27/2008		
15 km	45-49	49	53:39	96.36%	Gate River Run	Jacksonville, FL	3/8/2008		
Marathon	50-54	51	2:52:16	94.58%	Rocket City Marathon	Huntsville, AL	12/12/2009		
5 km	45-49	46	17:07	93.66%	Carlsbad 5000	Carlsbad, CA	4/3/2005		
10 km	50-54	52	37:43	93.41%	Rite Aid 10k		5/15/2011		
10 km	50-54	51	37:16	93.35%	USA Masters 10 km Championships	Ann Arbor, MI	6/6/2010	Yes	
5 km	45-49	47	17:22	93.25%	Irish Jig	Grand Rapids, MI	3/18/2006		
5 km	45-49	45	17:08	92.69%	Carlsbad 5000	Carlsbad, CA	3/28/2004		
5 km	45-49	45	17:24	91.27%	USA Women's Open and Masters 5 km Championship	Albany, NY	6/5/2004	Yes	
10 Mile	50-54	50	1:02:57	89.40%	CRIM Festival of Races	Flint, MI	8/23/2008		
Marathon	50-54	51	3:03:28	88.81%	City of Oaks Marathon	Raleigh, NC	11/1/2009		
15 km	40-44	43	55:10	88.35%	Gasprilla 15k	Tampa, FL	2/9/2002		

Marathon 50-54 52 3:09:30 87.13% Sunburst Races South Bend, IN 6/4/2011

Average age
grade of all
performances in
the database
94.50%

Christine Kennedy 1995-2012

Honors

Overall Masters AOY 2011
Masters LDR Female AOY 2011
Masters LDR Female AOY 2012
Masters LDR Age Division Runner of the Year 2011, F55-59
Masters LDR Age Division Runner of the Year 2012, F55-59

American Records

Division	Distance	Performance	Location	Date
55-59	12 km	48:22	Spokane, WA	5/2/2010

National Championships

National Masters Road Champion, F55-59 - Marathon, 2013
National Masters Road Champion, F55-59 - 8K, 2013
National Masters Road Champion, F55-59 - H Mar, 2013
National Masters XC Champion, F55-59 - 6K, 2012
National Masters Road Champion, F55-59 - 10K, 2012
National Masters Road Champion, F55-59 - 8K, 2012
National Masters Road Champion, F55-59 - 5K, 2011
National Masters Road Champion, F55-59 - 15K, 2011
National Masters Road Champion, F55-59 - 10K, 2011
National Masters Road Champion, F50-54 - Marathon, 2008
National Masters Road Champion, F50-54 - 10 km, 2008
National Masters Road Champion, F50-54 - 10 km, 2007
National Masters XC Champion, F50-54 - 6K, 2006

World Championships

WMA Outdoor T&F Championship, F55-59 - Marathon, 2011
WMA Outdoor T&F Championship, F55-59 - 5000m, 2011

Top Road Performances

Event	Age Group	Age	Time	Age Grade	Race Name	Race Location	Race Date	Masters Champ	Record
Marathon	55-59	58	2:55:01	102.50%	Boston Marathon	Boston, MA	4/15/2013		
Marathon	55-59	58	2:58:34	100.47%	USA Masters Marathon Championships	St. Paul, MN	10/6/2013	yes	
Marathon	55-59	57	2:56:04	100.45%	Chicago Marathon	Chicago, IL	10/7/2012		
5 km	55-59	57	18:32	99.02%	Santa Cruz Firecracker 5K	Santa Cruz, CA	7/4/2012		
Marathon	55-59	56	2:56:17	98.92%	Boston Marathon	Boston, MA	4/18/2011		
5 km	55-59	57	18:38	98.48%	Carlsbad 5000	Carlsbad, CA	4/1/2012		
Marathon	55-59	57	3:00:42	97.87%	Boston Marathon	Boston, MA	4/16/2012		
Marathon	55-59	55	2:57:19	96.98%	Boston Marathon	Boston, MA	4/19/2010		
10 Mile	55-59	58	1:04:41	96.55%	NorCal John Frank Memorial 10-mile	Redding, CA	3/2/2013		
12 km	55-59	57	47:07	96.49%	Across the Bay 12K	San Francisco, CA	3/18/2012		

Marathon	55-59	56	3:00:48	96.44%	World Masters Athletics Marathon	Sacramento, CA	7/17/2011	yes
Marathon	50-54	54	2:56:32	96.08%	Boston Marathon	Boston, MA	4/20/2009	
H Mar	55-59	57	1:25:09	95.86%	Napa-Sonoma Wine Country Half	Napa/Sonoma, CA	7/15/2012	
12 km	55-59	58	48:06	95.81%	Emerald Across the Bay 12K	San Francisco, CA	3/17/2013	
5 km	50-54	53	18:10	95.83%	Banana Chase 5K	San Francisco, CA	9/14/2008	
5 km	55-59	56	18:56	95.63%	USA Masters 5 km Championships	Syracuse, NY	10/2/2011	yes
8 km	55-59	57	31:21	95.25%	USA Masters 8 km Championships	Williamsburg, VA	5/19/2012	yes
10 km	55-59	57	39:30	95.22%	USA Masters 10 km Championships	Ann Arbor, MI	6/3/2012	yes
10 Mile	55-59	56	1:03:54	95.12%	NorCal John Frank Memorial 10-mile	Redding, CA	3/5/2011	
12 km	55-59	56	47:12	95.04%	Emerald Across the Bay 12K	San Francisco, CA	3/20/2011	
10 Mile	55-59	57	1:04:56	94.87%	NorCal John Frank Memorial 10-mile	Redding, CA	3/3/2012	
H Mar	55-59	58	1:27:37	94.45%	USA Masters Half Marathon Championships	Melbourne, FL	2/3/2013	yes
12 km	55-59	55	46:58	94.25%	Emerald Across the Bay 12K	San Francisco, CA	3/21/2010	
8 km	55-59	58	32:00	94.14%	USA Masters 8 km Championships	Williamsburg, VA	6/1/2013	yes
10 km	55-59	56	39:30	93.95%	USA Masters 10 km Championships	Ann Arbor, MI	6/5/2011	yes
7 Mile	55-59	55	44:12	93.82%	Falmouth Road Race	Falmouth, MA	8/15/2010	
15 km	55-59	56	1:00:28	93.47%	USA Masters 15 km Championships	Buffalo, NY	9/5/2011	yes
10 km	50-54	54	38:45	93.28%	Heritage Oaks Bank 10K	Paso Robles, CA	9/27/2009	
10 km	50-54	53	38:21	93.04%	Marin Memorial Day 10K	Kentfield, CA	5/26/2008	
10 Mile	50-54	54	1:03:44	92.89%	NorCal John Frank Memorial 10-mile	Redding, CA	3/7/2009	
H Mar	50-54	54	1:24:39	92.67%	Napa-Sonoma Wine Country Half	Napa/Sonoma, CA	7/19/2009	
10 km	50-54	52	38:05	92.51%	USA Masters 10 km Championships	Paso Robles, CA	9/23/2007	yes
12 km	40-44	40	41:09	92.07%	Bay to Breakers	San Francisco, CA	5/21/1995	
Marathon	50-54	53	3:02:04	91.90%	Chicago Marathon	Chicago, IL	10/7/2007	
12 km	50-54	54	47:37	91.76%	Emerald Across the Bay 12K	San Francisco, CA	3/15/2009	
10 km	50-54	52	38:26	91.67%	Marin Memorial Day 10K	Kentfield, CA	11/25/2007	
10 km	55-59	55	39:58	91.63%	Marin Memorial Day 10K	Kentfield, CA	5/31/2010	
12 km	55-59	55	48:22	91.52%	Lilac Bloomsday	Spokane, WA	5/2/2010	F55-59 AR
5 Mile	55-59	56	32:22	91.47%	North Coast Challenge	Westlake, OH	9/3/2011	
12 km	50-54	53	47:17	91.22%	Across the Bay 12K	San Francisco, CA	3/16/2008	
Marathon	50-54	53	3:03:41	91.09%	USA Masters Marathon Championships	St. Paul, MN	10/5/2008	yes
8 km	50-54	53	31:08	91%	Shriners 8k	Sacramento, CA	6/21/2008	
H Mar	50-54	54	1:26:20	90.87%	Americas Finest City Half Marathon	San Diego, CA	8/16/2009	
10 km	50-54	51	38:27	90.48%	Marin Memorial Day 10K	Kentfield, CA	5/29/2006	
H Mar	50-54	53	1:25:44	90.33%	Big Sur Half Marathon	Monterey, CA	11/9/2008	
10 km	50-54	53	39:41	89.92%	USA Masters 10 km Championships	Austin, TX	4/26/2008	yes
10 Mile	50-54	53	1:05:16	89.55%	NorCal John Frank Memorial 10-mile	Redding, CA	3/1/2008	
12 km	50-54	52	47:47	89.12%	Bay to Breakers	San Francisco, CA	5/18/2008	
H Mar	50-54	52	1:25:57	88.96%	Big Sur Half Marathon	Monterey, CA	11/10/2007	

H Mar 50-54 52 1:26:26 88.46% America's Finest Half Marathon San Diego, CA 8/19/2007
 Average age grade of all performances in the database
 93.11%

Doug Kurtis 1992-2012

American Records

Division	Distance	Performance	Location	Date
M40-44	30 km	1:38:16	CAN	3/27/1994

National Championships

National Masters LDR Champion, M55-59 - 10 km, 2010
 National Masters LDR Champion, M55-59 - 25 km, 2010
 National Masters LDR Champion, M55-59 - 25 km, 2008
 National Masters LDR Champion, M45-49 - Marathon, 1997
 National Masters LDR Champion, M40-44 - Marathon, 1996

Top Road Performances

Event	Age Group	Age	Time	Age Grade	Race Name	Race Location	Race Date	Masters Champ	Record
H Mar	40-44	44	1:06:00	96.51%	Las Vegas Half Marathon	Las Vegas, NV	2/9/1997		
Marathon	40-44	42	2:15:48	95.83%	Boston Marathon	Boston, MA	4/18/1994		
10 km	45-49	45	31:10	94.68%	Azalea Trail Run	Mobile, AL	3/22/1997		
10 km	45-49	45	31:10	94.68%	Azalea Trail Run	Mobile, AL	3/22/1997		
Marathon	40-44	41	2:16:38	94.46%	Grandma's Marathon	Duluth, MN	6/19/1993		
Marathon	40-44	40	2:17:03	93.40%	Boston Marathon	Boston, MA	4/20/1992		
Marathon	45-49	45	2:23:10	93.24%	Boston Marathon	Boston, MA	4/21/1997		
Marathon	40-44	42	2:19:46	93.11%	Grandma's Marathon	Duluth, MN	6/18/1994		
10 Mile	40-44	44	51:34	93.07%	CRIM Festival of Races	Flint, MI	8/24/1996		
Marathon	40-44	42	2:20:00	92.95%	USA Masters Marathon Championships	St. Paul, MN	10/2/1994	yes	
H Mar	40-44	44	1:08:35	92.87%		PA	9/22/1996		
8 km	40-44	41	24:23	92.69%		MI	9/19/1993		
Marathon	40-44	40	2:18:07	92.68%		Austin, TX	3/7/1993		
10 Mile	45-49	45	52:13	92.65%	CRIM Festival of Races	Flint, MI	8/23/1997		
Marathon	40-44	41	2:19:21	92.62%	Cleveland Marathon	Cleveland, OH	5/16/1993		
Marathon	40-44	44	2:22:55	92.60%		AL	12/14/1996		
Marathon	40-44	41	2:19:26	92.56%	Las Vegas Marathon	Las Vegas, NV	2/5/1994		
10 km	40-44	41	30:57	92.49%		MI	5/29/1993		
Marathon	40-44	41	2:19:33	92.48%		TN	12/5/1993		
H Mar	40-44	41	1:07:16	92.43%	Fairfield Half Marathon	Fairfield, CT	6/27/1993		
8 km	40-44	41	24:30	92.25%		MI	8/7/1993		
30 km	40-44	42	1:38:16	92.25%		CAN	3/27/1994		M40-44 AR
Marathon	40-44	40	2:18:55	92.14%	Las Vegas Marathon	Las Vegas, NV	2/6/1993		
10 Mile	40-44	41	50:57	92%	CRIM Festival of	Flint, MI	8/22/1992		

					Races			
Marathon	40-44	42	2:21:35	91.91%		TX	3/6/1994	
Marathon	40-44	40	2:19:25	91.81%	Detroit Marathon	Detroit, MI	10/18/1992	
Marathon	40-44	41	2:20:34	91.81%		Appleton, WI	10/10/1993	
Marathon	40-44	40	2:19:31	91.75%	Pittsburgh Marathon	Pittsburgh, PA	5/3/1992	
10 km	40-44	40	30:59	91.69%		SC	4/4/1992	
8 km	40-44	40	24:29	91.62%		VA	3/21/1992	
H Mar	40-44	41	1:07:53	91.59%	Hospital Hill Run	Kansas City, MO	6/6/1993	
H Mar	45-49	45	1:10:07	91.58%	500 Festival USA Masters Marathon	Indianapolis, IN	5/2/1997	
Marathon	40-44	44	2:24:35	91.53%	Championships	St. Paul, MN Saint Louis, MO	10/6/1996	yes
Marathon	40-44	40	2:19:52	91.52%			11/22/1992	
20 km	40-44	40	1:03:48	91.49%	Stratton Faxon New Haven	New Haven, CT	9/7/1992	
H Mar	40-44	40	1:07:32	91.35%		MI	5/23/1992	
H Mar	40-44	40	1:07:35	91.28%	Hospital Hill Run CRIM Festival of Races	Kansas City, MO Flint, MI	5/31/1992 8/26/1995	
10 Mile	40-44	43	52:16	91.10%		IL	7/20/1997	
5 km	45-49	45	15:34	91.08%		OR	4/25/1993	
8 km	40-44	41	24:49	91.07%		Appleton, WI	10/11/1992	
Marathon	40-44	40	2:20:35	91.05%				
10 Mile	40-44	43	52:18	91.04%	CRIM Festival of Races	Flint, MI	8/27/1994	
12 km	40-44	40	37:40	91.01%		MI	6/6/1992	
Marathon	40-44	43	2:24:14	90.98%	Pittsburgh Marathon	Pittsburgh, PA	5/7/1995	
8 km	40-44	41	24:51	90.95%		NC	8/28/1993	
15 km	45-49	45	49:23	90.95%	Tulsa Run	Tulsa, OK	10/25/1997	
25 km	40-44	44	1:23:52	90.72%	Fifth Third River Bank	Grand Rapids, MI	5/11/1996	
Marathon	40-44	40	2:21:20	90.57%		Montreal, CAN	9/20/1992	
Marathon	45-49	45	2:27:28	90.52%	Detroit Marathon	Detroit, MI	10/19/1997	
20 km	40-44	42	1:05:34	90.45%	Stratton Faxon New Haven	New Haven, CT	9/5/1994	
Marathon	40-44	41	2:22:46	90.40%	Detroit Marathon	Detroit, MI	10/17/1993	
8 km	45-49	45	25:48	90.31%		CAN	7/12/1997	
Marathon	40-44	41	2:22:57	90.28%	Boston Marathon	Boston, MA	4/19/1993	
Marathon	40-44	40	2:21:49	90.26%		OH	5/17/1992	
Marathon	40-44	41	2:23:03	90.22%	USA Masters Marathon		10/3/1993	
Marathon	40-44	41	2:23:08	90.17%	Championships	St. Paul, MN MO	11/21/1993	
Marathon	40-44	41	2:23:08	90.17%		NC	1/9/1993	
H Mar	40-44	41	1:09:00	90.11%	Parkersburg Half Marathon	Parkersburg, WV	8/21/1993	
25 km	45-49	45	1:25:09	90.09%	Fifth Third River Bank	Grand Rapids, MI	5/10/1997	
Marathon	45-49	45	2:28:35	89.84%	NYC Marathon	New York, NY	11/2/1997	
Marathon	40-44	41	2:23:45	89.78%	Pittsburgh Marathon	Pittsburgh, PA	5/2/1993	
8 km	40-44	40	25:03	89.55%		NC	8/29/1992	

25 km	40-44	40	1:22:19	89.49%	Fifth Third River Bank	Grand Rapids, MI	5/9/1992
					USA Masters Marathon		10/5/1997
Marathon	45-49	45	2:29:18	89.41%	Championships	St. Paul, MN	
Marathon	40-44	41	2:24:34	89.27%	NYC Marathon	New York, NY	11/14/1993
				91.01%	Average age grade of all performances in the database		

Masters Long Distance Running – Old Timers

June Machala 1993-2006

Honors

Masters LDR Age Division Runner of the Year 1996, F65-69

Masters LDR Age Division Runner of the Year 1997, F65-69

Masters LDR Age Division Runner of the Year 1998, F65-69

American Records

Division	Distance	Performance	Location	Date
F65-69	H Mar	1:39:49	Indianapolis, IN	5/2/1997
F65-69	H Mar	1:39:40	Indianapolis, IN	5/1/1998
F65-69	15 km	1:12:13	Jacksonville, FL	3/8/1997
F65-69	15 km	1:11:40	Tulsa, OK	10/25/1997
F65-69	5 km	22:07	Albany, NY	5/31/1997
F65-69	8 km	35:29	Newport Beach, CA	7/12/1997
F65-69	15 km	1:08:58	Tulsa, OK	10/31/1998
F70 -74	12 km	58:22	Spokane, WA	5/6/2001
F70 -74	5000m	23:28.76		6/22/2003
F70 -74	10000m	48:11.29		6/21/2003
F75-79	12 km	1:01:58	Spokane, WA	5/7/2006

Top Road Performances

Event	Age Group	Age	Time	Age Grade	Race Name	Race Location	Race Date	Masters Champ	Record
12 km	75-79	75	1:01:52	97.11%	Lilac Bloomsday	Spokane, WA	5/7/2006		F75-79 AR
10 km	65-69	67	45:04	96.50%	Pacific Sun 10K	Kentfield, CA	9/7/1998		
15 km	65-69	67	1:08:58	96.04%	Tulsa Run	Tulsa, OK	10/31/1998		F65-69 AR
8 km	65-69	66	35:29	95.81%		Newport Beach, CA	7/12/1997		F65-69 AR
12 km	75-79	76	1:04:19	95.11%	Lilac Bloomsday	Spokane, WA	5/6/2007		
H Mar	65-69	67	1:39:21	95%	Las Vegas Half Marathon	Las Vegas, NV	2/1/1998		
5 km	65-69	67	22:24	94.73%	Freihofer's Run For Women	Albany, NY	5/30/1998		
H Mar	65-69	67	1:39:40	94.70%	500 Festival	Indianapolis, IN	5/1/1998		F65-69 AR
12 km	70-74	70	58:22	94.50%	Lilac Bloomsday	Spokane, WA	5/6/2001		F70-74 AR
5 km	65-69	66	22:07	94.46%	Freihofer's Run For Women	Albany, NY	5/31/1997		F65-69 AR
8 km	65-69	67	36:48	93.83%		Newport Beach, CA	7/18/1998		
H Mar	65-69	66	1:39:49	93.10%	500 Festival	Indianapolis, IN	5/2/1997		F65-69 AR
H Mar	65-69	66	1:41:03	91.97%	Las Vegas Half Marathon	Las Vegas, NV	2/9/1997		
15 km	65-69	66	1:11:40	91%	Tulsa Run	Tulsa, OK	10/25/1997		F65-69 AR
10 Mile	65-69	67	1:18:29	90.76%		MI	8/22/1998		
10 Mile	75-79	75	1:30:03	90.40%	Sundae Sunday	Spokane, WA	9/10/2006		

15 km	65-69	66	1:12:13	90.31%	Gate River Run	Jacksonville, FL	3/8/1997	F65-69 AR
12 km	75-79	77	1:10:13	88.73%	Lilac Bloomsday	Spokane, WA	5/4/2008	
H Mar	60-64	62	1:43:20	84.72%		Seattle, WA	11/27/1993	
				92.57%	Average age grade of all performances in the database			

Gaylon Jorgensen

1983-1996

Honors

Masters LDR Age Division Runner of the Year 1990, M60-64

Masters LDR Age Division Runner of the Year 1991, M60-64

American Records

Division	Distance	Performance	Location	Date
60-64	H Mar	1:17:04		9/17/1989
60-65	20 miles	2:03:16		10/14/1990

National Championships

National Masters LDR Champion, M60-64 - Marathon, 1989

Top Road Performances

Event	Age Group	Age	Time	Age Grade	Race Name	Race Location	Race Date	Masters Champ	Record
10 km	55-59	59	34:21	96.35%		PA	9/25/1988		
10 km	60-64	61	35:00	96.23%		UT	7/24/1990		
H Mar	55-59	59	1:15:26	96.14%	Philadelphia Distance Run	Philadelphia, PA	9/18/1988		
Marathon	55-59	59	2:37:59	96%		UT	10/1/1988		
10 km	55-59	58	34:11	95.98%		UT	7/24/1987		
H Mar	60-64	60	1:17:04	94.98%	Philadelphia Distance Run	Philadelphia, PA	9/17/1989		M60-64 AR
Marathon	60-64	61	2:43:11	94.80%	Twin Cities Marathon	St. Paul, MN	10/14/1990		M60-64 AR, in route
Marathon	55-59	56	2:35:42	94.65%	Twin Cities Marathon	St. Paul, MN	10/6/1985		
10 Mile	55-59	57	56:36	94.59%	California 10	Stockton, CA	1/18/1987		
H Mar	55-59	56	1:14:47	94.36%		CA	11/17/1985		
Marathon	55-59	57	2:37:48	94.28%	Las Vegas Marathon	Las Vegas, NV	2/7/1987		
5 km	60-64	61	17:12	94.08%		CA	4/14/1991		
15 km	60-64	61	54:49	93.93%		MN	9/23/1990		
15 km	55-59	56	52:27	93.87%	Tulsa Run	Tulsa, OK	10/26/1985		
10 km	55-59	55	34:06	93.79%		CA	3/9/1985		
15 km	55-59	57	53:01	93.70%	Gate River Run	Jacksonville, FL	3/14/1987		

15 km	55-59	57	53:02	93.67%		CA	3/8/1987
H Mar	60-64	60	1:18:27	93.30%		NV	12/16/1989
10 Mile	60-64	60	59:04	93.11%	Cherry Blossom 10 Mile	Washington, DC	4/1/1990
10 km	60-64	60	35:56	92.90%		UT	5/26/1990
Marathon	55-59	56	2:38:45	92.84%	Boston Marathon	Boston, MA	4/21/1986
15 km	55-59	56	53:10	92.60%	Gasprilla 15k	Tampa, FL	2/8/1986
10 km	55-59	55	34:33	92.57%		AZ	3/2/1985
15 km	60-64	60	55:08	92.54%		OR	6/17/1990

Marathon	60-64	60	2:45:33	92.53%	USA Masters Marathon Championships	St. Paul, MN	10/8/1989	yes
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93.34% Average age grade of all performances in the database